



## IMMEDIATE RELEASE

### **Haringey school gets a boost to support Healthy Eating**

Stamford Hill Primary School, which is located in Tottenham, North London, will be transforming areas of their playground into an Edible Playground, thanks to players of People's Postcode Lottery.

Trees for Cities will transform areas of the school playground into an edible playground, which will be designed specifically for the school, including raised beds for growing salads, root vegetables, soft fruits and herbs, fruit trees and a composting area. Pupils will enjoy planting and harvesting workshops throughout the year, and teachers will receive support to teach outdoors through gardening.

The school has recently been awarded the Gold Healthy Schools status and as part of their ongoing work on Healthy Eating is about to embark on this new teaching and learning journey over the next few years.

**Kathy O Sullivan, Head Teacher at Stamford Hill Primary said:** "As part of our ongoing work on Healthy Eating, we have installed a cooking kitchen and employed our own cook. A cooking room is also being installed so we can develop the cooking curriculum across the school. We are keen to extend our work on healthy schools and growing our own food felt like the next logical step".

The programme is a partnership between Trees for Cities, School Food Matters and Chefs Adopt a School to create 10 flagship Edible Playgrounds in London, Manchester, Leeds, Reading and Liverpool. As part of the project, the pupils will also enjoy hands-on cooking lessons from Chefs Adopt a School and access to food education programmes outside the school gate via charity School Food Matter's Membership for Schools.

**David Elliott, Chief Executive at Trees for Cities said** "We are delighted to announce our seventh Dream Fund Edible Playground at Stamford Hill Primary School in Haringey, thanks to players of People's Postcode Lottery. Our Edible Playground programme addresses several key areas of concern around children's health. They teach pupils where food comes from, that healthy food can be the easy choice, in and out of school and encourage physical activity"

**Tesco bags of help** have shortlisted this school for 8-12k of additional funding and this project will also go forward to a public vote in Tesco stores with their customers deciding the outcome. The public will be able to vote for their favourite project in their local Tesco stores from 26th September 2016 to 9th October 2016.

Trees for Cities has been working in schools to plant fruit and nut trees since 2000. With this track record and experience, TfC's technical expertise in the delivery of Edible Playgrounds and operations is well established and highly regarded. The first Edible Playground was created in 2003. There are currently over 30 Edible Playgrounds in the UK with a further 40 to be rolled out over the next three years.

If you or your business want to help raise the remainder of the funds needed for this project please visit <http://www.edibleplaygrounds.org/> where you can make a donation or get in touch with the team on 020 7820 4413.

**Ends**

**For more information please contact: Samantha Lagan – 020 7820 4426/07825541130**

[samantha@treesforcities.org](mailto:samantha@treesforcities.org)

**Images available upon request**

### **Notes to Editors**

**Trees for Cities** is an independent charity making our cities greener both in the UK and internationally. They also plant 'Edible Playgrounds' in primary schools in deprived urban areas of the UK to help children learn about growing and eating healthy food. All of this is done with the help of thousands of volunteers.

The trees they plant transform spaces where people live, work and play, particularly in areas where the social and environmental impact on local people is greatest: in London this might mean planting trees to clean the air, focusing on areas affected by NO2 Pollution, whilst internationally they plant fruiting trees for food and sustainable livelihoods.

Since 1993, Trees for Cities has engaged over 70,000 people to plant over 600,000 urban trees in parks, streets, schools and housing estates worldwide, revitalising these areas and improving the lives of the people that live in them.

Edible Playgrounds is a programme led by Trees for Cities who have been working in schools to plant fruit and nut trees for over 10 years. “**Edible Playgrounds**” transform areas in school grounds into vibrant outdoor spaces that excite and teach children about growing and eating healthy food.

By instilling healthy eating habits at an early age, they help tackle obesity, food poverty and lack of access to nature head on, and provide a platform for fun and engaging lessons that support the school curriculum. An Edible Playground typically includes raised beds, a greenhouse, wormery, fruit trees and an irrigation system.

[www.treesforcities.org](http://www.treesforcities.org)

**School Food Matters** is a registered charity based in London that campaigns for fresh sustainable food in schools and for children to understand where their food comes from. To achieve this SFM listens to schools, parents and children. Together they urge local authorities to improve school meals and to support food education through cooking, growing and links with local farms. <http://www.schoolfoodmatters.org/>

**Chefs Adopt a School** founded in 1990 by the Royal Academy of Culinary Arts, Adopt a School, which includes Chefs Adopt a School and Hospitality in Schools, is a national charity which teaches children – in a holistic way – about food, cookery food provenance, food growing, healthy eating, nutrition, hygiene, table etiquette and the importance of eating together. Professional Chefs deliver sessions in the classroom which range in content from the four tastes and the five senses, to advanced practical cookery. The charity reaches over 20,000 children every year and we work with primary schools, secondary schools, SEN schools, hospital schools, pupil referral units, sports centres and food festivals. We believe that every child should be taught about the importance of food and the significance it has in our lives. <http://www.chefsadoptaschool.org.uk/>

### **People’s Postcode Lottery**

- People’s Postcode Lottery is a charity lottery. Players play with their postcodes to win cash prizes, while raising money for charities and good causes across Great Britain and globally
- A minimum of 30% goes directly to charities and players have raised £135.8 Million for good causes across the country
- £10 for 10 draws paid monthly in advance with prizes every day. For further prize information visit: [www.postcode lottery.co.uk/prizes](http://www.postcode lottery.co.uk/prizes)

- Maximum amount a single ticket can win is 10% of the draw revenue to a maximum of £400,000
- Players can sign up by Direct Debit, credit card or PayPal online at [www.postcodelottery.co.uk](http://www.postcodelottery.co.uk), or by calling 0808 10-9-8-7-6-5
- Postcode Lottery Limited is regulated by the Gambling Commission under certificate nr 000-000829-N-102511-011 and 000-000829-R-102513-010. Registered office: Titchfield House, 69/85 Tabernacle Street, London, EC2A 4RR
- People's Postcode Lottery manages multiple society lotteries promoted by different charities. For details on which society lottery is running each week, visit [www.postcodelottery.co.uk/society](http://www.postcodelottery.co.uk/society)
- This prize was part of the draw promoted by **Royal Voluntary Service or WWF**

