

# CARROTS

## 1 SOW YOUR SEEDS

Sow carrots from March to July straight into raised beds. To help them grow straight, use a trowel or fork to break up clumps of soil and remove stones.

Make drills (groove in the soil), 1cm deep with 30cm between each row. Water before sowing. Sprinkle seeds in the drills and using your hand firm the soil over the seeds.

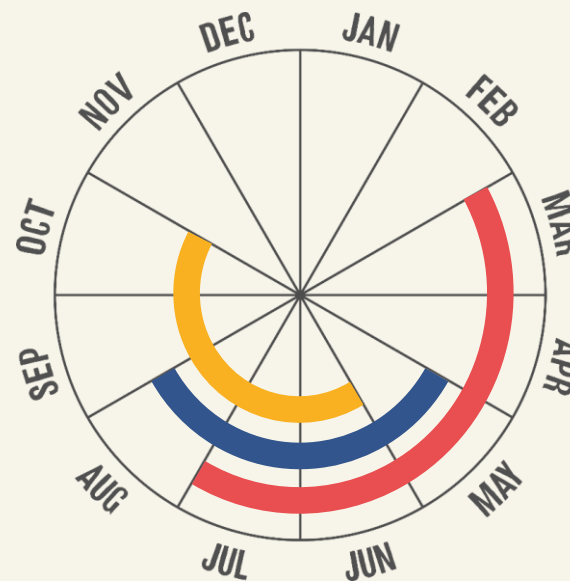
## 2 THINNING OUT

Once seedlings are 3cm tall, pull out the weaker seedlings. Aim to leave a 10cm space between each plant.

## 3 HARVESTING

Carrots are ready to harvest when they look a good size. You can see when they are ready by gently moving some of the earth around the top of the root. If it looks good you can pull it up!

Carrots will take 12-16 weeks to grow depending on the weather.



Seedlings



Young plants



Ready for harvest



### TOP TIP

Carrot fly is a common pest, the larvae eats carrot roots. They are attracted to the smell of crushed carrot leaves.

To avoid them, sow seeds as thinly as possible and try not to crush the leaves when you are thinning out.