



**BRING THE CURRICULUM TO
LIFE WITH FOOD GROWING!**

WHY DO WE NEED EDIBLE PLAYGROUNDS?

33% of children in the final year of primary school are **overweight or obese** (Public Health England, 2016).

Research shows that growing and preparing garden food at school increases children's preferences for healthy fruit and vegetables (UN FAO, A New Deal for Schools).

ONLY 8% of schoolchildren in England get into green spaces, despite the benefits of outdoor learning in contributing to happy, healthy childhoods (Defra, 2017).

93% of teachers say Edible Playgrounds has a positive impact on pupils' attitude towards **healthy eating**.

90% of Edible Playground teachers say it has **significantly enabled outdoor learning** across the curriculum.

85% of headteachers say that Edible Playgrounds has assisted their work with children with SEN or challenging behaviour.

Edible Playgrounds impact and headteacher survey 2017

EDIBLE PLAYGROUNDS

Edible Playgrounds transform school grounds into vibrant outdoor teaching gardens that inspire hands-on learning and get children excited about growing and eating healthy food.

They help improve health and wellbeing, open up access to nature, and provide a fun outdoor learning environment that supports cross-curriculum teaching.

“ **THE EDIBLE PLAYGROUND IS THE BEST THING THE SCHOOL HAS EVER DONE. IT HAS ENHANCED THE LEARNING EXPERIENCES OF PUPILS AT HITHERFIELD AND, ONCE THEY’VE SEEN IT GROW, THE CHILDREN DO EAT MORE HEALTHY FOOD. IT REALLY DOES WORK**

”

Chris Ashley-Jones

Headteacher, Hitherfield Primary School



by Trees for Cities

**TREESFORCITIES.ORG/
OUR-WORK/
EDIBLE-PLAYGROUNDS**

WHAT'S INCLUDED?

- **Durable oak raised beds** and **vertical growing spaces** making **growing** and **harvesting** easy
- A **greenhouse, shed, wormery** and **composting area**
- **Seating, plants, seeds**, and one class' worth of **gardening tools**
- You'll also be **trained and supported** so you're ready to use the Edible Playground to bring the **curriculum to life!**



“

**THE EDIBLE PLAYGROUNDS
TEAM HAVE WORKED VERY
HARD TO ENSURE THE EDIBLE
PLAYGROUND MEETS OUR NEEDS.
THE SUPPORT PROVIDED
HAS BEEN INVALUABLE**

Linda Ewers
Headteacher
Olga Primary School

”



OPPORTUNITY FOR SCHOOLS

We have generous funding opportunities to help you make your Edible Playground a reality and we partner with both primary and secondary schools across the UK.

SUSTAINABILITY

We use durable materials, including treated oak for the raised beds. This ensures the space will continue to look fantastic and perform well for many years. Extensive training and support also equips staff to maintain the area and maximise its potential.



“ HAVING OUR LESSONS OUTSIDE IS GREAT, BECAUSE IT GIVES YOU FRESH AIR THAT MAKES YOU FEEL HAPPY AND HEALTHY



Year 2 pupil, St Paul's Primary School

GET IN TOUCH

020 7587 1320
EP@TREESFORCITIES.ORG

**TREESFORCITIES.ORG/
OUR-WORK/
EDIBLE-PLAYGROUNDS**



**GROWING THINGS OUTDOORS IS
BETTER THAN PLAYING VIDEO GAMES**



Year 4 pupil
Rotherfield Primary School

Edible Playgrounds is a
programme by Trees for Cities,
charity no. 1032154

