

## Tree Planting at Goodmayes Park on Saturday 18<sup>th</sup> March - 10am – 3pm

## **Volunteer Information Pack**





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Activity details	Activity: Planting and mulching young trees
	<b>Background:</b> Trees for Cities is working in partnership with the London Borough of Redbridge and Vision Redbridge Culture & Leisure on this project to increase canopy cover, support wildlife biodiversity and help combat noise and air pollution at Goodmayes Park.
	We are aiming to plant 13 trees to regenerate an existing avenue of trees at Goodmayes Park by filling gaps between mature trees.
	What Trees for Cities will provide:
	·Tools
	· Supervision and training
	· Lunch and refreshments
Important	Please arrive at <b>10am</b> and head straight to the registration tent to sign in.
information	
	If you own a pair of hard-wearing gardening gloves please bring these along on the day. We can provide those who need them.

Contact	Dan - 07825 541 130 danielsnell@treesforcities.org
Food and drink	Please bring a flask or normal mug, bowl and fork with you.



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Facilities	Refreshments and a vegetarian lunch will be provided.  There will be accessible toilets on site.
You will need	Strong boots/ wellies, layers and clothes you don't mind getting muddy.     Bring waterproofs just in case!
Location	Goodmayes Park Abbotsford Rd  Emerald Cafe Bistro All day breakfast brunch lunch - Free  The site is approximately 15 minutes walk from Goodmayes Station. There are a number of entrances to Goodmayes Park. To find the Trees for Cities planting day registration, head towards Emerald Cafe Bistro or ///handle.dome.epic where you will find the Trees for Cities gazebos and registration point. The blue cross marks the meeting point.
	We ask volunteers to use public transport, walk or cycle when possible. Car parking will be limited – please consider the needs of those who need to travel by car as a priority.
	There are planned rail strikes on the 18th March, but the Elizabeth Line running East from central London is not going to be impacted.