

BASIL

Edible
Playgrounds

1 SOWING YOUR SEEDS

From March sow around 10 seeds on the surface on the compost in pots. Cover lightly with a little compost. Keep in the greenhouse. Repeat every week for a constant supply of fresh basil.

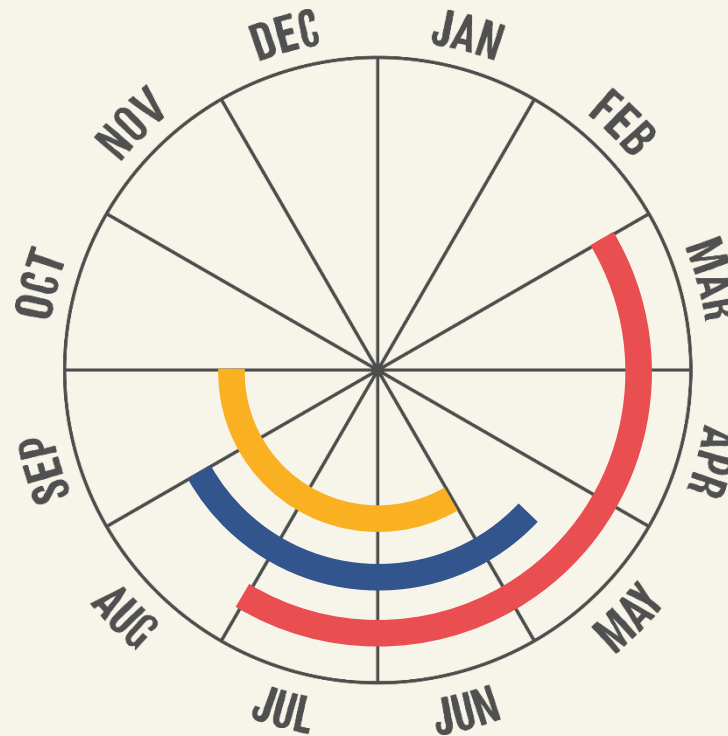
Alternatively sow the seeds in between existing crops or around the borders of the raised beds once the risk of frost has passed.

2 THINNING OUT

For basil grown in the beds once seedlings are 5-10cm tall, pull out the weaker stems so the seedlings end up about 10cm apart.

3 HARVESTING

Harvest leaves when they are young, to encourage more growth. Cut with scissors or pick with pinched fingers. Leaves can be picked throughout the summer and autumn.



If flowers appear remove immediately to encourage leaf growth.

Use the fresh leaves to make pesto.



Basil seedlings



Ready for harvest