

CORIANDER

1 SOWING YOUR SEEDS

From April sow seeds directly into raised beds. Sow 1 cm deep in drills with 30cm between each row. Cover drills thinly with soil.

Alternatively sow the seeds in between existing crops or around the borders of the raised beds

2 THINNING OUT

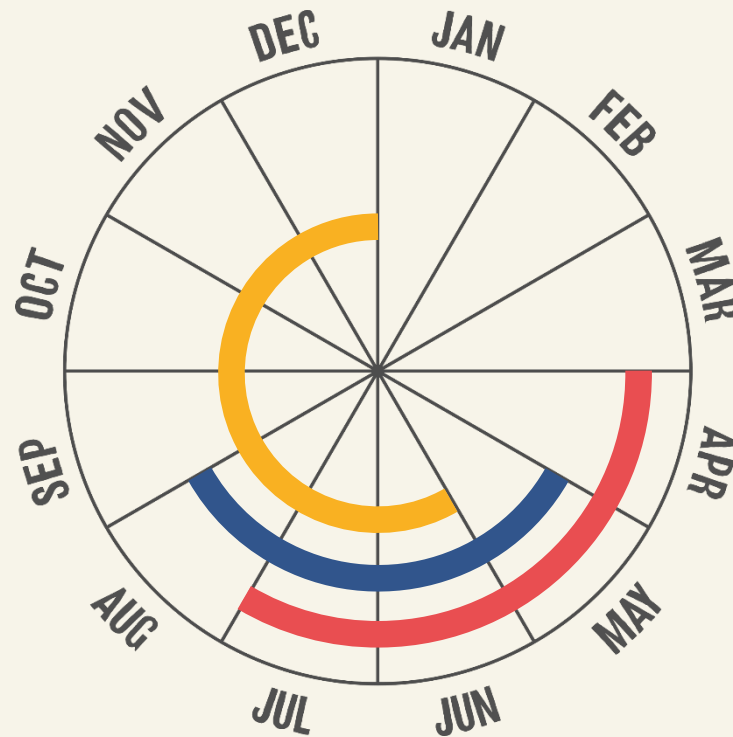
Once seedlings are 5-10cm tall, start to pull out the smaller and weaker stems. Leave a 10cm space between each plant.

3 HARVESTING

Harvest leaves when they are young, to encourage growth. Cut with scissors or pick with pinched fingers. Leaves can be picked throughout the summer and autumn.



TOP
TIPS



Herb seedlings



Ready for harvest

If flowers appear remove them immediately to encourage leaf growth.

Use the fresh leaves in soups, stir fries or make your own green Thai curry paste.