

COURGETTES

1 SOWING YOUR SEEDS

Sow seeds from April into pots. Sow one seed per pot. Plant them 1cm deep. You must place the seeds on their edge, not flat, so that they don't rot. Keep them in the greenhouse and remember to water them.

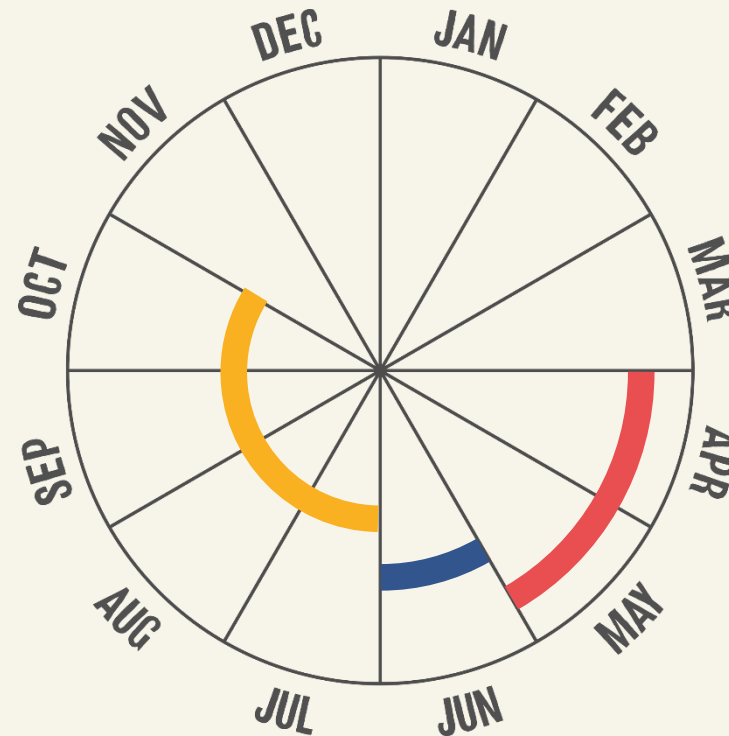
2 PLANTING OUT

Plant your seedlings outdoors once they have at least four leaves (two of these will be their rounded seedling leaves and two will look larger and more angular). Plant them at least 50-90cm apart (depending upon the variety).

3 HARVESTING

Courgettes are ready to harvest once they are 15cm long. Cut the courgettes from the plant near to main stem using your secateurs.

Harvest regularly and the plant will keep producing courgettes.



Once courgette plants start to flower they need to be watered regularly. But they hate having wet leaves.

Courgette flowers are edible too, so be sure to harvest these and use them in salads or you can stuff them with soft cheese and herbs.

If you forget to harvest a courgette it will keep on growing and become a marrow.



Seedlings



Young plants



Ready for harvest